

ONE-DAY SURGERY CLINIC
 80-822 Gdańsk, Żabi Kruk 10 Street
 Polish Tax Identification Number 583-27-08-120
Phone: 58 320-26-00
www.1dayclinic.pl

INFORMATION FOR THE PATIENT:

Full name:

Date of established treatment:

Type of treatment:

Cost of medical procedure:

Attending physician:

contact phone:

Payments method:

1) transfer: **NZOZ ETER-MED Sp. z o.o.**
Żabi Kruk 10 Street, 80-822 Gdańsk
Bank Account No. 87 1240 5400 1111 0010 5890 8083
 (at latest 5 days before planned hospitalization)

Remarks for the patient	yes	not
Please to report to the Clinic fasting 1 hour before the treatment.		
Please take your medication before coming to the Clinic (except for drugs against diabetes)		
Please take your medication to the Clinic.		
Please apply drops to the eye recommended by the surgery's doctor 2 days before the procedure.		
If the Patient applies anti-glaucoma drops, they must not be discontinued.		
Please provide results and descriptions of recommended examinations.		
Please bring your medical records on chronic diseases and allergies, as well as information cards from hospital stays.		
Please bring the doctor's certificate of the lack of contraindications to procedure under local/general anaesthesia.		
After consultation with your doctor, discontinue medication 5 days before the operation: Aspirin, Acard, Acesan, Polopyrin.		
Patients taking medication from the vitamin K antagonists group (e.g. Sintrom, Warfarin, Acenocumarol) after consultation with your doctor, should discontinue the above mentioned medicines 5 days before surgery and during this time take injections from the low molecular weight heparin. NOTE: In the morning on the day of the operation, please do not make an injection with low-molecular-weight heparin (Clexan, Fraxyparin), this injection should be made on that day in the evening.		

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Please perform laboratory tests and show the results to your doctor, and before the surgery in the Clinic. Pre-ophthalmological laboratory examination package (Morphology, glucose, ESR, Na, K, INR, Creatinine). The package can be purchased:		
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<https://sklep.etermed.pl/produkt/pakiet-przed-zabiegiem-okulistycznym/>

If you have any questions or doubts, please consult your doctor.

DAY BEFORE THE TREATMENT:

1. Bath of the whole body and wash your hair.

ON THE TREATMENT DAY:

1. The patient remains fasting for at least 6 hours before surgery (do not eat breakfast and drink a minimum amount of water). Patients who have at 12:00 p.m. must report to the Clinic can have breakfast until 8:00 a.m. and then stay fast.
2. It is necessary to take chronic internal medicine according to the schedule established with an anaesthesiologist and take medications with you to the Clinic.
3. We ask to report for the operation without make-up, painted nails and jewelry.
4. For a period of 6 weeks after surgery we ask you not to plan travel, stay in sanatoriums, important tasks at work, other procedures and any physical exercises (including rehabilitation), as well as important ceremonies – a total ban of drinking alcohol is applicable in this period.

YOU MUST BRING:

1. Results of blood tests.
2. Certificate from the attending physician that there are no contraindications to the surgical procedure.
3. Certificate from the dental surgeon that there are no contraindications to the surgical procedure.
4. Information cards from hospital stays.
5. List of taken medicines.
6. If the patient is chronically treated in specialist clinics such as cardiology, diabetology, endocrinology, dermatology, oncology and laryngology – we ask to provide evidence of no contraindications to the surgery.

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7. **If the Patient has inflammatory conditions of nose, ears or sinuses, you must have a certificate from your ENT doctor stating that you have no outbreaks of infection.**